



What to Bring

Please pack:

- a suitable nutritious snack
- plenty of water to drink
- a smile

Park & Play sessions require children to have sun protection while playing outdoors

This includes:

- suitable sunscreen
- a sun protective hat

Child Safety

If a child is injured while attending a **Park & Play** session, basic first aid may be administered. Any additional treatment will be the responsibility of the parent or carer.

All the play sessions will be smoke free zones.

All Park & Play staff undergo the NSW Working With Children Check.



For further information contact



Family Services
Illawarra Inc.

Phone: 42567 333

Email: admin@fsi.org.au

or visit our website

www.fsi.org.au



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Park & Play is a healthy play activity being established in parks and outdoor spaces around Shellharbour.

It features free weekly play sessions for parents or carers with children 0-5 years of age.

The play sessions are fun, healthy and outdoors.



Play helps children learn about the world and each other.

Park & Play sessions will also provide lots of ideas for fun play activities that parents or carers can recreate at home.



Park & Play Shellharbour is a healthy play activity coming to a park near you.

Play and Learn with other children.

Connect with other families in your community.

Park & Play is local it comes to your neighbourhood.

Play safely with Park & Play.

Please note that parents or carers are required to be present at all times. The accompanying adult is responsible for the supervision and safety of their children.

Park & Play is suitable only for children 0-5 years of age.

Special play sessions held in school holidays are suitable for children 0-12 years of age.



Our bright vans and friendly trained staff make play fun for young children.



Funded by the Australian Government Department of Social Services under the Families and Communities Program

"The Best Possible Start in Life for Children in Shellharbour City"